



ISBN: 978-84-88378-05-X

# it's personal

information  
+  
sample activity



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it's **activity books**

# introduction

IT'S PERSONAL contains a collection of teaching activities designed to help your students find out more about themselves and each other. There are activities about first impressions, friends and family, identity, love, tastes and preferences. IT'S PERSONAL is ideal for first classes and as a source of activities to arouse student interest.

The book comes with a CD that contains interactive exercises from the its-english Internet site, audio activities and ready-to-print pages from the book in PDF format.

## LEVEL

The material in this book is suitable for all levels from elementary to upper intermediate. Each activity has a level indicator that includes the COE level.

- A1** Elementary
- A2** Pre-intermediate
- B1** Lower- to mid-intermediate
- B2** Upper-intermediate

## CD

On the IT'S PERSONAL CD you will find:

- interactive exercises
- audio material
- PDF files of selected pages ready to print



# how to use the material

All the activities in IT'S PERSONAL are presented in an easy-to-use format. The material to photocopy appears on the right page while the left page includes an activity key and step-by-step teaching notes. Selected activities can be printed in colour directly from the accompanying CD.

activity key includes

- ACTIVITY DESCRIPTION
- GRAMMAR/VOCABULARY
- LEVEL
- LENGTH OF ACTIVITY
  - short
  - medium
  - long
  - very long
- PREPARATION REQUIRED
- CD ACTIVITIES & PAGES TO PRINT FROM CD
- ANSWER KEY

teaching notes

activity number

page to photocopy

# activity index level

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1	WHAT'S YOUR NAME? .....	A1
2	LET'S GET PERSONAL .....	B1
3	FIRST IMPRESSIONS .....	B2
4	WHAT DO YOU NOTICE? .....	B1
5	FIRSTS .....	A2, B1
	Firsts quiz	
	Personal firsts	
6	FRIENDS .....	B1
7	COLOURS .....	A1
8	WHAT COLOURS SAY .....	B1
	Colour test	
	It's in the eyes	
	Clothes	
9	CORKBOARD .....	A2, B1
	Create a corkboard	
	Cork fact file	
10	EITHER / OR QUESTIONNAIRE .....	A2
11	EITHER / OR .....	B1
	Vocabulary	
	Expressing preferences	
12	HOW HONEST ARE YOU? .....	B1
13	DRESS DAVID .....	A1
14	HOW FAR WOULD YOU GO FOR FASHION? .....	B2
15	CLOTHES & ACCESSORIES .....	B2
	Vocabulary	
	In or out of fashion?	
	Tattoo role play	
	Fashion discussion	
16	FAMOUS U.K. FASHIONS .....	B2
17	START A FASHION .....	A2
18	TRUE IDENTITIES .....	B1
19	DOUBLE IDENTITY .....	A2
20	LUCKY IN LOVE? .....	B1
	Language of love	
	Love exercises	
21	BLIND DATE .....	A2
22	IT'S IN THE STARS .....	B1
23	TEST THE ELEMENTS .....	B1
	Personality opposites	
	Your horoscope	
24	THE FUTURE IN YOUR HAND .....	B1
25	HOW TO ANALYSE YOUR HANDWRITING .....	B1
26	MAKE A QUESTIONNAIRE .....	A2, B1
27	SO HOW WELL DO YOU KNOW EACH OTHER? .....	A1
28	HAVE YOU EVER? .....	B1
29	OLD FRIENDS .....	B1
30	NONE OF YOUR BUSINESS .....	B1

# activities by level

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## A1 Elementary

### WHAT'S YOUR NAME? 1

Answer some questions about yourself.

### COLOURS 7

Associate things with colours.  
Analyse colour choices.

### DRESS DAVID 13

Read about *David*.  
Identify clothes and dress the statue.

### SO HOW WELL DO YOU KNOW EACH OTHER? 27

Answer questions from a partner's perspective.  
Find out how well you know them.

### CD activities

Clothes: Dress *David* and test your clothes vocabulary.

T-shirts: Take a look at some classic T-shirts.

Double identity: Which star's real name is Margaret Mary Alice Emily Hyra?

Secret identity: Complete the biographical details about a very famous person. Who is he?

Family vocabulary: How many family members can you name?

Things around the house: Learn to talk about the objects you use to do housework.

## A2 Pre-intermediate

### LET'S GET PERSONAL 2

Ask personal information questions.

### FIRSTS: PERSONAL FIRSTS 5

Talking about personal firsts.

### CORKBOARD 9

Create a corkboard with personal information.  
Interview another student about their corkboard.

### EITHER / OR QUESTIONNAIRE 10

Create a questionnaire.  
Interview another student using the questionnaire.

### START A FASHION 17

Create a fashion.

### DOUBLE IDENTITY 19

Create a new identity.

### BLIND DATE 21

Complete an Internet dating questionnaire.

### MAKE A QUESTIONNAIRE 26

Create two questionnaires.  
Write up an interview.

### CD activities

Write a love poem: Feeling romantic? Create a personalised poem for someone you love.

Dream date: Spend a romantic night with the girl or boy of your dreams.

Boys & girls: Discover what you really know about the differences between girls and boys!

Make a questionnaire: Create a questionnaire with the questions that you have always wanted to ask someone.

Diaries: Reconstruct the descriptions of three perfect days.

Housework test: Discover how much work you really do around the house.

## B1 Lower- to mid-intermediate

### WHAT DO YOU NOTICE? 4

List what you notice first when you first meet a person.  
Discuss what you think people notice about you.

### FIRSTS 5

A quiz about when things happened for the first time.

### FRIENDS 6

Discuss the qualities of a good friend.  
Do a questionnaire to find out what kind of friend you are.

### WHAT COLOURS SAY 8

Analyse eye colour  
Analyse clothes colours

### CORKBOARD 9

Create a corkboard with personal information.  
Interview another student about their corkboard.

### **EITHER / OR 11**

Talk about preferences.

### **HOW HONEST ARE YOU? 12**

Do a questionnaire about honesty.

### **TRUE IDENTITIES 18**

Name personal objects.

Guess who the objects belong to.

Use personal objects to introduce yourself.

### **LUCKY IN LOVE? 20**

Play a game: Lucky in love?

Role-play a love situation.

### **IT'S IN THE STARS 22**

Read about horoscopes.

Match character descriptions and horoscopes.

### **TEST THE ELEMENTS 23**

Relate star signs to student behaviour.

Find your ideal class partner.

Write horoscopes.

### **THE FUTURE IN YOUR HAND 24**

Read a partner's palm and predict their future.

Write your personal future predictions.

### **HOW TO ANALYSE YOUR HANDWRITING 25**

Write a short message.

Analyse a student's handwriting.

### **HAVE YOU EVER? 28**

Make questions about the five senses.

Talk about life experiences.

### **OLD FRIENDS 29**

Look at photos and guess who the people are

Read the stories behind the photos

Show photos and tell stories about them

### **NONE OF YOUR BUSINESS 30**

Answer various questions

Listen to other people answering the same questions

### **CD activities**

Are you romantic? Discover if you are romantic or not by doing this questionnaire.

Movie chat-up lines: See what movie stars say to impress the girl or boy they'd like to know better.

Create a love story: Put a classic story of love in order.

True identities: See if you can match three people with some of their personal possessions.

Make a questionnaire: Create a questionnaire with the questions that you have always wanted to ask someone.

Personality adjectives: Learn how to describe the good and bad sides of people's characters.

Personality opposites: If you're not lazy, what are you? Do the activity to find out.

Either / or: Life is full of choices. Can you find 15 pairs of choices in this memory game?

Do you have psychic powers? Answer the questions to discover how strong your psychic powers are.

Are you lucky? Learn how to bring more luck into your life.

Test your friendship: Answer the questions to find out if you are a good person to have as a friend.

Old friends: Match four people with photos from their past.

## **B2 Upper-intermediate**

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### **FIRST IMPRESSIONS 3**

Describe a person on first impressions.

### **HOW FAR WOULD YOU GO FOR FASHION? 14**

Read about tattoos, piercings, etc.

Design a tattoo.

### **CLOTHES & ACCESSORIES 15**

Decide what's in and out of fashion.

Role-play getting permission for a tattoo.

Discuss fashion.

### **FAMOUS U.K. FASHIONS 16**

Identify fashions from the past.

Write about a recent fashion.

### **CD activities**

Body idioms: Have you ever bitten someone's head off? Find out here.

The story of Levi's: Put some order into the history of the world's most famous jeans.

## ACTIVITIES

- Discuss the qualities of a good friend
- Do a questionnaire to find out what kind of friend you are

## GRAMMAR/VOCABULARY

- Words that collocate with *friend*
- Qualities of a good friend

## LEVEL

B1

## TIME



1. Ask how many different kinds of friends students can think of. Write answers on the board. Here are some suggestions: *close friend, best friend, good friend, old friend, boyfriend, girlfriend, school friend*.

2. Dictate the following questions: *How many close friends do you have? Do you have a best friend? How often do you see your best friend? Who is your oldest friend? Do you still see your school friends?* Students ask each other the questions in small groups. Find out how many close friends people have, and what proportion of the class has a best friend.

3. Students in pairs make a list of the six most important qualities of a good friend. Then they combine with another pair and agree on the six most important qualities. Each group of four then combines with another group of four and agrees on the six qualities, and so on until the whole class agrees on a definitive list. Write these on the board.

4. Ask students if they think they are a good friend. Explain that they are going to do a questionnaire to find out what kind of friend they are. Give out photocopies. Students take it in turns to ask each other the questions and record their partner's answers.

5. Students calculate their partner's score and read them the verdict. Then they discuss if they agree with the results or not.

# Friends Friends Friends

How often do you see your best friend?

How many close friends do you have?

Do you have a best friend?

## The Scores

- 1. a. 2; b. 3; c. 1
- 2. a. 1; b. 3; c. 2
- 3. a. 3; b. 2; c. 1
- 4. a. 1; b. 2; c. 3
- 5. a. 3; b. 1; c. 2
- 6. a. 3; b. 2; c. 1

## The Verdict

### 6-9

You're a very open person, but you find it hard to consider other people's feelings (maybe because you're too busy thinking about yourself!). You'll probably never trust a friend with a secret, and they will soon learn not to trust you. You're very stuck in your ways and think you're always right. Once you start being less selfish, you might find it easier to make friends.

### 10-14

You're considerate and reliable. You have your good points and your bad points and are honest enough to recognise that you're human! This is very important. All relationships are about "give and take", and it is often difficult to find the right balance. You're a good judge of character and will instinctively know who will be a good friend.

### 15-18

Anyone who has you as a friend is very lucky. You're reliable and trustworthy and a secret told to you is always safe. But aren't you too perfect? You put your friends on a pedestal before you get to know them well enough. It takes time for two people to trust each other. Watch out or you might get hurt. Remember nobody's perfect.

## Test Your Friendship!

What kind of a friend are you? Try this questionnaire to find out. When you have finished, calculate your score. Then look at the verdict to find out what kind of friend you are.

1. Imagine that you have just met someone who you hope will become your friend. What kind of person would you like him or her to be?
  - a. Someone you can have fun with.
  - b. Someone you can trust.
  - c. Someone who will admire you.
2. You go out with your new friend and meet the people s/he usually spends time with. You soon realise that you don't like these people at all. What do you do?
  - a. Decide to forget about your new friend.
  - b. Tell your friend how you feel and try to avoid seeing his/her friends.
  - c. Try to show your friend that his/her friends are not nice people.
3. You are staying with your new friend. One morning you discover his/her personal diary. What do you do?
  - a. Give it back to your friend without reading it.
  - b. Read it secretly and then leave it where you found it.
  - c. Read it and tell your friend what you think about what you read.
4. In the film *When Harry Met Sally*, Harry says that he thinks it is impossible for people of the opposite sex to be friends. Do you agree or disagree?
  - a. Agree. It's impossible for people of the opposite sex to be friends.
  - b. It depends. It can be difficult, but it's not impossible.
  - c. Disagree. Of course people of the opposite sex can be friends.
5. Your friend asks you to tell a lie so that s/he won't get into trouble with his/her parents or boss. What do you do?
  - a. Agree to do it, but make him/her promise not to do it again.
  - b. Agree on the condition that s/he returns the favour one day.
  - c. Refuse and say that asking you to lie is an abuse of your friendship.
6. Your friend wants to borrow a lot of money but won't tell you what for. What do you do?
  - a. Give him/her the money.
  - b. Agree to give the money on the condition that he/she tells you what it's for.
  - c. Refuse to give the money.

Check your score.